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MALAYA**
K U A L A L U M P U R

Parenting Class in Early Childhood

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AGENDA

1. Introduction
2. Parenting Purposes
3. Why should we learn parenting?
4. Kinds of parenting for childhood education
5. Step in developing education parenting program
6. The benefit of Parenting Class
7. Conclusions



PARENTING PURPOSES (1)

1. An encouragement for parents to provide the best lessons for children
2. **What should parents do are:**
 - Look for as much information as possible from trusted media such as mass media or experts in their fields
 - Participate in parenting training



PARENTING PURPOSES (2)

1. Continually update knowledge about how to educate children.
2. **What should parents do are:**

→ Do some consultations with children's teachers at school to implement some lessons learned in school in everyday life



WHY WE HAVE TO LEARN PARENTING (1)

→ Parenting is an art

→ When you want to paint a perfect object, you must have art to know how to paint it to become a high-value painting.

→ To make children good and smart, we also need perseverance and sincerity in doing so.



WHY WE HAVE TO LEARN PARENTING (2)

1. Know how to raise children well,
2. Know how to forbid children without offending them
3. Know what are the primary needs of children
4. Know how to deal with children's problem



PARENTING EDUCATION

- Parent education programs are designed to help parents understand their children's individual needs and development, as well as their own roles and responsibilities,
- By offering tools and strategies aimed at maximizing positive outcomes for children and families.



PARENTING EDUCATION

- Parent education reduces the risk of **child abuse** and neglect by encouraging positive parenting practices that promote safety, well-being, and permanency for children and families.
- Parenting education is to bring together the interests and desires of the family and the school



Community work

This activity happens twice a year with the parents' cooperation. Parents will give full support and commitment by involving theirself in changing the school environment. It will enhance the better relationship with the teacher, kids and parents.



PARENTING EDUCATION

- Successful parent education helps parents and caregivers **acquire the skills needed** to build healthy families and communities.
- Parent education provides caregivers with knowledge, resources, and support to develop parenting skills to enhance child and family well-being.



KINDS OF PARENTING FOR CHILDHOOD EDUCATION

1. Parent gathering
2. Foundation class
3. Joining a seminar
4. Consultation day
5. Field trip
6. Home activities
7. On the spot cooking activities
8. Holding Bazar Day
9. Creating home education video



1. PARENT GATHERING

1. Is a parent meeting with the school to talk about the school programs.
2. It is related to how to guide and to take care of children in the family in order to develop children optimally.
3. The theme will be related to nutrition and food, health, character education, disease in children.



2. FOUNDATION CLASS

1. Is a joint learning between parents and children at the beginning of entering school
2. It is in the framework of orientation and introduction of school activities



This is a regular activity in my preschool. Parents will help to organize the games for children and help to find the funds. Moreover, it will enhance the parents and kids to live a healthy lifestyle.

3. JOINING SEMINAR

It is an activity in parenting education by inviting child leaders or practitioners / early childhood practitioners, fairytale experts, psychologists



4. CONSULTATION DAY

1. It is aimed for parents and provided by an institution.
2. The number of days provided will be related to the cases or the number of parents who wants to do the consultation.



5. FIELD TRIP

1. It is an activity in visiting recreational places that support learning activities.
2. This activity is carried out together with parents.
3. For example: visiting museums, zoos, or places that fit with the learning theme.





6. HOME ACTIVITIES

1. Bringing home activities to school
2. Bringing parents to stay at school



ACTIVITIES



ACTIVITIES



7. ON THE SPOT COOKING ACTIVITIES

By doing this activities, children are learning to:

1. Cook
2. Serving food with the guidance of parents or teacher.



LITTLE CHEF

Little chef held in every week .

Sometimes school invite parents come to school to get involved, especially when it is their expertise.

For example the parents are Indian and know how to make Indian cuisine, so the school invite them to school to teach the children how to make the menu.



8. HELDING BAZAR DAY

1. Carrying out a bazaar at school
2. The children is displaying their work
3. The children can sell the product to parents or the public.



9. CREATING HOME EDUCATION VIDEO

1. Is sending learning activities of children in school to parents
2. Parents can watch and learn at home.
3. The video can be shared by using Whatsapp group



STEPS IN DEVELOPING EDUCATION PARENTING PROGRAM

1. Identifying parent's need
2. Developing a parenting committee
3. Compiling job description
4. Arranging schedules
5. Identifying potential and supporting partners
6. Carrying out planned agenda
7. Doing evaluations



Deepavali celebration with the parents. Most of the parents used to give 'angpau', gifs and hampers to all the kids. it will help you build a strong relationship between parents and teachers. Also build the bonding among the kids.

1. IDENTIFYING PARENTS NEED

1. Every parent has different needs and desires for their children who become students in an a school (for example read quickly, good at counting, good at dancing and singing)
2. From the needs of parents, the curriculum of the school institution can be developed.



2. DEVELOPING PARENTS COMMITTEE

1. It is by involving all school committees
2. It can really connect the needs of parents and the needs of the school institution.
3. The parenting program committee is formed with a clear arrangement as an organization, which consists of a chairman, secretary, treasurer, then sections.

3. COMPILING JOB DESCRIPTION

It consists of task plan for each section



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4. ARRANGING SCHEDULE

It can be related to detailed activity like:

1. time,
2. place,
3. number of meetings.



5. IDENTIFYING PARENTING PARTNER

It can be related to:

1. officials,
2. community leaders,
3. professionals such as doctors and health practitioners,
4. psychologists,
5. nutritionists,
6. school practitioners,
7. education offices



6. CARRYING OUT PLANNED AGENDAS

1. Implementation of activities in the field.
2. If there is a change in the activity agenda, it is necessary to prepare alternative activities if there are obstacles in the field.



7. CONDUCTING EVALUATION

The function of evaluation are:

1. To avoid mistakes
2. To know the weaknesses or shortcomings of the program that has been completed
3. It would be nice if the program was arranged and planned by a committee team that also involved parents and the school as the implementer.

THE BENEFIT OF PARENTING CLASS:

1. Help parents learn more about what to expect in the coming years and prepare for each developmental stage, decrease your feelings of anxiety
2. Stay up-to-date on the latest scientific findings
3. Regularly checking-in, being involved in their homework and attending school events.
4. Discover how to match parenting style to your child's personality
5. Gain confidence
6. Develop a support network

THE BENEFIT OF PARENTING EDUCATION

1. Improves parental empowerment and competency
2. Increases positive parenting practices
3. Increases social connections
4. Improves child behavior
5. Improves parent-children interaction
6. Improves parental mental health and well-being
7. Decreases use of corporal punishment and risk of child abuse

1. IMPROVES PARENTAL EMPOWERMENT AND COMPETENCY

- Parenting education improves parents' sense of self-efficacy and competency, as well as parental satisfaction.
- It can also result in positive changes in parents' attitudes about parenting as well as their self-esteem and feelings of self-mastery with regard to parenting



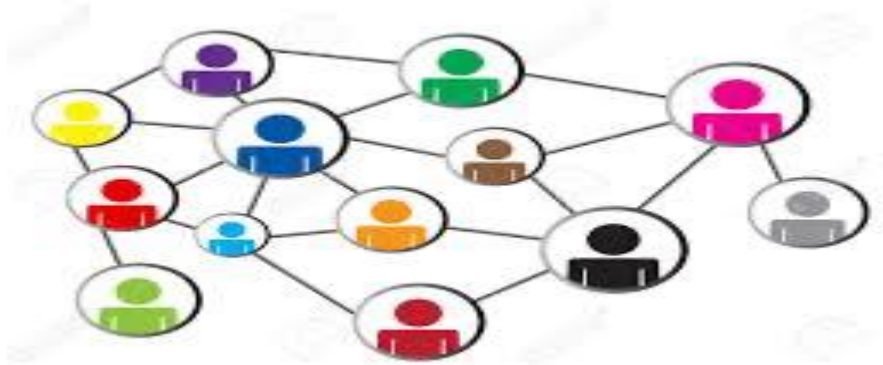
2. INCREASES POSITIVE PARENTING PRACTICES

- Parenting education promotes the use of positive parenting practices, such as using positive language, planned discipline, and family routines.
- It also encourages nurturing behavior and increases parents' knowledge of child development and communication styles.



3. INCREASES SOCIAL CONNECTIONS

1. Parenting education often results in more social connections among parents.
2. Parents use these connections to exchange parenting advice, provide emotional support, and share resources.
3. This can lead to more positive feelings about parenting overall.



4. IMPROVES CHILD BEHAVIOR

Children of parents who participate in parenting education programs often demonstrate increases in their prosocial behaviors (e.g., empathy, sharing, helping others) and decreases in negative externalizing behaviors (e.g., aggression, delinquency, hyperactivity).



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5. IMPROVES PARENT-CHILD INTERACTIONS

Parenting education programs can help improve communication skills between parents and children, and result in an overall better understanding between family members.



6. IMPROVES PARENTAL MENTAL HEALTH AND WELL-BEING

Parents may also experience short-term improvements in mental health, including a decrease in depression, anxiety, anger, guilt, and stress.



7. DECREASES USE OF CORPORAL PUNISHMENT AND RISK OF CHILD ABUSE

Parent education programs help parents learn alternatives to physical punishment and change the family mindset regarding appropriate expectations of children, appropriate family roles, and other values that discourage the use of corporal punishment.

ELEMENTS OF EFFECTIVE PROGRAMS

1. Providing parents with an opportunity to network with, and receive support from, parents who are in or who have been in similar circumstances
2. Efforts to engage fathers
3. Treating parents as equal partners when determining which services would be most beneficial for them and their children
4. Tailoring programs to the specific needs of families
5. Addressing trauma to ensure that it does not interfere with parenting and healthy development
6. Ensuring families with multiple needs receive coordinated services
7. Offering programs that are culturally relevant to meet the needs of diverse populations

BEST PRACTICES IN PARENTING EDUCATION (1)

- 1. Actively engage parents.** Successful parenting programs provide opportunities for parents to practice the skills they are learning, either with a professional, at home, on-site with their child, or in a group setting.
- 2. Reach parents early.** Programs aimed at serving new parents or parents of young children are better able to address challenges early, which sets the stage for more positive experiences later in life.
- 3. Make cultural adaptations.** Effective programs adapt materials and other program elements to accommodate the unique needs and cultural traditions of the families they are serving.

BEST PRACTICES IN PARENTING EDUCATION (2)

- 1. Offer frequent sessions over several months.** Programs that run over several months and meet at least weekly tend to have the best outcomes.
- 2. Promote family routines.** Effective parenting programs emphasize the importance of family roles, regular family routines, and family activities.
- 3. Use skilled parent educators.** Parents benefit most from programs that use trained parent education facilitators.

SUMMARY

1. Parenting class is very important
2. Parenting class is very important for school, parents, and children
3. Parenting class helping parents to provide the best lessons for children



Thank You!

